

Introducing MUSIC & MEMORYSM at GOOD SAMARITAN HOSPICE

MUSIC HAS THE POWER TO AWAKEN MEMORIES

Good Samaritan Hospice is a **MUSIC & MEMORYSM Certified Organization**, and we are proud to offer the powerful benefits of personalized music as part of our continuing effort to provide the highest quality care.

WHAT IS MUSIC & MEMORYSM?

Music and Memory is a program where patients listen to personalized music playlists, created with input from family and friends as well as patients themselves. These playlists are loaded onto iPods so patients can connect with the music they love, with the goal of improving their overall health and well-being.

HOW IT WORKS

Grounded in research about how our brains respond, it is known that emotions are strongly linked to our musical memories which are stored deep in the brain. While Alzheimer's disease damages the ability to recall facts and details, it does not destroy these lasting connections between a favorite song and memory of an important life event.



WHAT ARE THE ANTICIPATED BENEFITS?

Reduced agitation and sundowning • enhanced engagement and socialization with family, friends, and caregivers • increased cooperation and attention resulting in reduction of resistance to care • and the opportunity to offer and share an enjoyable, fulfilling activity. ■

FOR MORE INFORMATION please contact Good Samaritan Hospice • 540-776-0198



www.aliveinside.us



www.goodsamhospice.org

